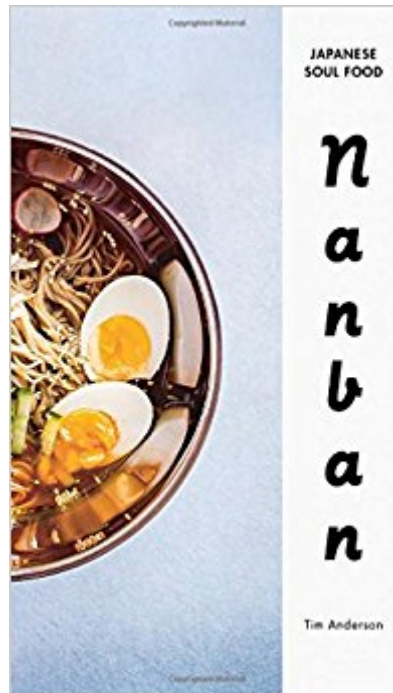




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Nanban: Japanese Soul Food



Synopsis

Ramen, gyoza, fried chicken, udon, pork belly buns, and other boldly flavored, stick-to-your ribs dishes comprise Southern Japanese soul food. The antidote to typical refined restaurant fare, this hearty comfort food has become popular in the US as street food and in ramen bars. In a unique package that includes a cool exposed binding, Nanban brings home cooks the best of these crave-inducing treats. From pungent kimchi to three types of Japanese fried chicken, and with a primer on Japanese ingredients and substitutions, Nanban is the perfect cookbook for any lover of Asian food.

Book Information

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Customer Reviews

TIM ANDERSON is a Wisconsin-born, London-based chef. Winner of the UK's MasterChef in 2011, he is now the proprietor and executive chef of the restaurant Nanban.

I love this cookbook with all my heart. It really shows another side of Japanese cooking. Besides recipes, it also provides a thorough explanation of all the basic ingredients for simple Japanese cooking. He went through all of the unique vegetables one by one, and it was very enlightening. It's a very refreshing cookbook. If I could rate it 7 stars out of 5, I would.

Gorgeous photos, engaging to read, and the food that we have made so far is amazing! Recipes are easy to follow, and contain both simple and more time consuming fare. A dozen different ramen

recipes, Japanese comfort food dishes, seafood, desserts, drinks (a Miyazaki MaiTai anyone?) Authentic, unique and delicious food so far! Tim Anderson's love of Japanese food and culture along with his informative and infectious enthusiasm makes me a Nanban fan!

The photos and recipes in this book are mazing. I bought it for my son that's in college and he swears by it. He has done some of the bowls and is addicted to them. He is not the most eloquent teen, but considering that he actually liked the book it's a testament to how good it is. If you want some great home made Japanese food this is a must.

This book is so well written and I love that on top of each recipe, the Chef describes why this dish was important to him or what he envisions when eating this. I have made the pork gyoza and the famous burger recipe. Be warned, the burger was a few day process, but it was definitely tasty. Not sure I will make this again because of how long it took, but I am very excited to make the ramen next. The beginning of the book very clearly details some Japanese "staple" ingredients you should buy and it is really helpful.

Gift for my wife and she loves it having spent time in Japan as a military brat.

Fantastic Japanese Soul Food cookbook covering the basics and beyond. The author's wit paired with his mastery of the genre and Kyushu culture makes for an enlightening and entertaining (and mouth-watering) read. Highly recommended for anyone who wants to cook authentic Ramen from scratch or for those looking to expand their cultural knowledge of Southern Japanese cuisine.

It was a gift but they were really excited to get it

I love it says it all.

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